

# Smoking Cessation Counseling By Pharmacists: Taking it to the Next Level

A 4-Part Educational Podcast Series for Pharmacists

## Podcast 1: Using Motivational Interviewing in Smoking Cessation Counseling



For a habitual smoker to successfully quit, the desire must come from the individual and not an outside source. Motivational interviewing is a patient-centered form counseling designed to help people explore and resolve their ambivalence about behavior change. Michele Faulkner, an academic pharmacist whose practice focuses on neurology, will explain how this method can be applied in smoking cessation efforts.



**Michele Faulkner, PharmD**, is a Professor in the School of Pharmacy and Health Professions, and in the School of Medicine within the Department of Neurology at Creighton University. She has published in the area of smoking cessation, and teaches in a Communication Skills course where students learn counseling techniques designed to optimize patient outcomes.

### Don't Miss the Other Podcasts in this 4-Part Series

Podcast 2: Vaping: Smoking Cessation Tool, or New Way to Be Hooked on Nicotine?

Podcast 3: Pharmacologic Smoking Cessation Methods: Picking the Best Agent for the Patient

Podcast 4: Q&A: Benefits and Barriers in Pharmacy-Based Smoking Cessation Program